

Infant Lesson Plan

Ages 6 to 12 Weeks



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Week of _____

Child's Name _____

Developmental Domain	Description of Teacher Directed Activities	Materials Needed	Try To Do These Activities At Least Twice A Week		
Cognitive Development (Discovering the world around me)	Point to and name the infant's body parts and your own.	none			
	Use the infant's name each hour.	none			
	Move a toy out of view and then return it with excitement.	toy			
Language Development (Communicating with each other)	Describe what is happening each time you diaper or feed the infant.	none			
	Use words to describe the infant's position in space, such as up, down, high, low.	none			
	Name toys the infant plays with.	toys			
Social Development (The people around me) Emotional Development (All about me)	Greet and say good bye to the infant by name each day.	none			
	Sit the infant so he or she can see themselves in the mirror.	mirror			
	Introduce the other infants by name.	none			
	Acknowledge and name infant's feelings.	none			
Fine Motor Development (Look at what my hands and fingers can do)	Help infant wrap fingers around a slender toy.	toy			
	Hold a toy above the infant and let her try to reach for it.	toy			
	Put a toy in front of the infant during tummy time.	toy			
Gross Motor Development (Look at what my body can do)	Bicycle infant's legs while playing.	none			
	Hold infant to encourage head control.	none			
	Play games lifting infant above your head.	none			
Music and Movement (Let's dance and sing together)	Sing 2 songs to the infant each day.	lyrics			
	Move infant's hands for patty-cake or to clap to music.	none			
	Hold the infant and sway to music.	music			
Creative Expression (Let's create together)	Imitate and encourage the infant to repeat coos and gurgles.	none			
	Let infant watch you build and knock down block towers.	blocks			
Sensory (Discovering my five senses)	Offer infant a frozen teething ring to hold.	Teething ring			
	Gently massage infant's arms or legs.	none			
	Describe the texture of toys the infant is playing with.	toys			

Infant Lesson Plan

Ages 3 to 4 Months



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Week of _____

Child's Name _____

Developmental Domain	Description of Teacher Directed Activities	Materials Needed	Try To Do These Activities At Least Twice A Week	
Cognitive Development (Discovering the world around me)	Offer two toys and name the one the infant seems to prefer.	toys		
	Point to and name the infant's body parts.	none		
	Gently cover infants face with a light blanket and then quickly pull it off with an excited expression.	blanket		
Language Development (Communicating with each other)	Look at a picture book with the infant while naming the pictures.	book		
	Play "This Little Piggy" while wiggling the infant's toes.	none		
	Talk "baby talk" with the infant imitating his or her coos and sounds.	none		
Social Development (The people around me)	Wave to the infant at arrival and departure.	none		
	Acknowledge each time the infant responds to his or her name.	none		
Emotional Development (All about me)	Describe your emotions to the infant.	none		
	Talk to the infant about how he or she may be feeling (happy, mad, sad, frustrated, hungry).	none		
Fine Motor Development (Look at what my hands and fingers can do)	Nuzzle the infant's tummy with your head to encourage him or her to reach with both hands to capture your head.	none		
	Move a toy slowly to encourage the infant to track it with his or her eyes and hands.	toy		
	Show the infant a new toy while she is already grasping a toy to encourage releasing her grip.	toy		
Gross Motor Development (Look at what my body can do)	Place toys off to the infant's side to encourage rolling.	toy		
	Hold infant to allow him or her to practice pushing feet against the floor as if standing.	none		
	Allow infant to lie on floor unrestricted to kick and swing hands and feet independently.	none		
Music and Movement (Let's dance and sing together)	Sing children's songs to the infant.	lyrics		
	Recite nursery rhymes to the infant.	rhymes		
	Hold the infant in a sitting position and help him or her move in time to music.	music		
Creative Expression (Let's create together)	Make silly faces to encourage the infant to laugh and giggle.	none		
	Lay on your tummy looking at the infant while he or she is on their tummy and imitate her.	none		
Sensory (Discovering my five senses)	Blow bubbles for the infant to watch and touch.	bubbles		
	Let infant play in the water briefly while washing hands after diapering.	none		
	Make and describe sounds that can be made with toys such as rattles, squeaky toys, and drums.	toys		

Infant Lesson Plan

Ages 5 to 6 Months



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Week of _____

Child's Name _____

Developmental Domain	Description of Teacher Directed Activities	Materials Needed	Try To Do These Activities At Least Twice A Week	
Cognitive Development (Discovering the world around me)	Narrate the infant's actions while playing. (You found the block.)	toys		
	Play "How Big is Baby" Raise her arms and say, "So big!"	none		
	Cover a toy while the infant is looking and then lift the cover and excitedly say "Here it is!"	blanket		
Language Development (Communicating with each other)	Hold the infant in front of a mirror and describe her reactions.	none		
	Play "Patty Cake" with the infant.	none		
	Go on a walk pointing and naming what you see. Introduce her to other staff or children.	none		
Social Development (The people around me)	Pass a ball or toy back and forth with the infant, saying "Thank you", "My turn", and "Your turn."	none		
	Wiggle your fingers in front of the infant pretending to tickle. Move them closer to the baby saying "I'm going to get you!"	none		
Emotional Development (All about me)	Speak in a soothing voice while massaging lotion onto infant's arms and legs.	mirror		
	Rock and cuddle the infant while singing softly or telling a story.	none		
Fine Motor Development (Look at what my hands and fingers can do)	Give the infant lots of different sized toys to practice grasping.	toys		
	Place a musical toy close enough to the infant that she can make it play when she hits it.	Musical toy		
	Place a soft toy on the infants head and encourage him to "catch" when it falls.	toy		
Gross Motor Development (Look at what my body can do)	Hold infant around the waist with feet touching the ground and help her bounce up and down as if jumping.	none		
	Lay infant tummy down on a beach ball, securely holding him or her, and gently rock the ball side to side and front to back.	beach ball		
	Lay infant on his back and gently pull him into a sitting position.	none		
Music and Movement (Let's dance and sing together)	Sit near infant and clap and say his or her name in a sing-song voice. Example: I see Johnny, I see Johnny.	none		
	Play different styles of music for the infant to listen to.	music		
	Give the infant rattles and other objects to shake and bang.	shakers		
Creative Expression (Let's create together)	Repeat the sounds she makes developing a call and response.	none		
	Give the infant a lightweight scarf to wave and play with. Make the scarf "dance" around him.	scarf		
Sensory (Discovering my five senses)	Gently roll a ball over the infant's different body parts.	none		
	While the infant is preoccupied, squeeze a squeaky toy behind or near her and watch for her to turn to follow the sound.	Squeaky toy		
	Fan the infants face and hair.	Paper fan		

Infant Lesson Plan

Ages 7 to 8 Months



FOR YOUTH DEVELOPMENT®
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Week of _____

Child's Name _____

Developmental Domain	Description of Teacher Directed Activities	Materials Needed	Try To Do These Activities At Least Twice A Week	
Cognitive Development <small>(Discovering the world around me)</small>	Play "Peek A Boo" with the infant.	blanket		
	Play with a similar toy as the infant and describe how yours is alike and different.	none		
	Read board books with the infant letting her turn the pages. Point and name the objects in the pictures.	blanket		
Language Development <small>(Communicating with each other)</small>	Name toys or objects the infant reaches for or seems to desire.	none		
	Babble back and forth with the infant using lots of "b" and "p" sounds. He should be able to start imitating you.	none		
	Start demonstrating Baby Signs for "mom", "dad", "more", and "milk". Gently move the infant's hands to make the signs.	none		
Social Development <small>(The people around me)</small>	Encourage the infant to wave when she arrives and leaves or when you enter and return to the room.	none		
	Sit with several infants and help them "trade" toys and "take turns". Use phrases like "Thanks for sharing" and "Let's share".	none		
Emotional Development <small>(All about me)</small>	Acknowledge when the infant gets scared or startled by a loud noise. Soothe her and demonstrate what made the sound.	none		
	Clap and praise the infant when he practices and masters new developmental milestones.	none		
Fine Motor Development <small>(Look at what my hands and fingers can do)</small>	Play with infant showing him how to put small toys in and out of a larger container.	toys		
	Hold a toy off to the side of the infant to encourage her to reach across her body to get it. (left hand reaches to right side)	toy		
	Encourage infant to hold her own bottle.	bottle		
Gross Motor Development <small>(Look at what my body can do)</small>	Put a toy on a low shelf to encourage the infant to reach and pull himself up to kneeling or standing.	none		
	Encourage infant to get herself from lying to sitting on her own.	none		
	Set infant in a crawling position and encourage him to move by putting a desired toy just out of reach.	toy		
Music and Movement <small>(Let's dance and sing together)</small>	Holding infant securely, help her stand and dance to the music.	music		
	Sing "Where is Baby" to the tune of "Where is Thumbkin".			
	Sit with the infant facing you on a pillow. Sing "Pop Goes the Weasel" using "Baby" and help her stand-up on the word "POP".			
Creative Expression <small>(Let's create together)</small>	Play and talk to the infant with a hand puppet.			
	Give the infant some paper to crinkle and crunch. Also try with a strip of masking tape. Watch carefully so he doesn't eat it.			
Sensory <small>(Discovering my five senses)</small>	Give the infant different textured cloth books or material to explore.	Textured materials		
	Talk to the infant about her temperature and the temperature of objects, such as a warm bottle or cold teething ring.	none		
	Give the infant time to "play" with food while in the highchair.	food		

Infant Lesson Plan

Ages 9 to 10 Months



FOR YOUTH DEVELOPMENT®
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Week of _____

Child's Name _____

Developmental Domain	Description of Teacher Directed Activities	Materials Needed	Try To Do These Activities At Least Twice A Week	
Cognitive Development (Discovering the world around me)	Let the infant see you hide a favorite toy and then encourage him to find it.	Toy		
	Wrap a toy in a pillow case and let the infant figure out how to get it out.	Pillow Case		
	Play alongside the infant with stuffed animals naming the animals and making the animal sounds.	Stuffed Animals		
Language Development (Communicating with each other)	Use baby signs to describe common items and tasks, such as bottle and diaper, tired and hungry.	Baby Signs		
	Take time to name objects the infant points out.	none		
	Help the infant say "hi and bye" to her friends and teachers.	none		
Social Development (The people around me)	Encourage the infant to blow kisses to you while telling her how much you like her.	none		
	Roll a ball back and forth with the infant saying "your turn" and "my turn". Eventually, include another child in the sharing.	Ball		
Emotional Development (All about me)	Acknowledge infant's separation anxiety and reassure him he is ok and that mom or dad will be back.	none		
	Verbally praise infant and clap for her when she completes a task. Watch for her to respond to your praise.	none		
Fine Motor Development (Look at what my hands and fingers can do)	Give the infant cheerios or puffs one at a time; letting her practice picking them up with her fingers.	Cheerios or Puffs		
	Give the infant a spoon to hold and play with while you are feeding him.	Spoon		
	Offer the infant toys with buttons to push.	Toys		
Gross Motor Development (Look at what my body can do)	Create a mound of pillows and help the infant lay on top and explore the ways her body can move.	Pillows		
	Arrange furniture or toys to allow the infant to crawl in and around objects.	none		
	Hold the infant's hands and help them take walking steps.	none		
Music and Movement (Let's dance and sing together)	Let the infant explore how a xylophone works.	xylophone		
	Hold the infant in your arms while walking at different paces and describing fast or slow.	none		
	Sing a lullaby to the infant while rocking him to sleep.	None		
Creative Expression (Let's create together)	Read to the infant using funny voices for the characters.	Books		
	Use a hand puppet to play with the infant. Make voices for the puppet when you or the infant moves the puppet.	Puppets		
Sensory (Discovering my five senses)	Put objects of different textures in a "feel box" for the infant to play with.	"Feel Box"		
	Let the infant play in the water while washing hands.	none		
	Give the infant an ice cube to play with while in the highchair.	Ice Cubes		

Infant Lesson Plan

Ages 11 to 12 Months



FOR YOUTH DEVELOPMENT®
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FOR SOCIAL RESPONSIBILITY

Week of _____

Child's Name _____

Developmental Domain	Description of Teacher Directed Activities	Materials Needed	Try To Do These Activities At Least Twice A Week	
Cognitive Development (Discovering the world around me)	Play "Peek a Boo" and encourage the infant to do the "hiding".			
	While playing together, ask the infant to hand you familiar objects.			
	Play with the infant gently tickling and naming her different body parts.			
Language Development (Communicating with each other)	Encourage the infant to learn some basic baby signs.			
	Offer the infant two toys and name the one she chooses.			
	Show the infant pictures and talk about daily routines.			
Social Development (The people around me)	Offer the infant a toy you are playing with in exchange for one she has, saying "Let's trade" and Thank You."			
	Sit with two or three infants helping them play together.			
Emotional Development (All about me)	Sing "If You're Happy and You Know It" with exaggerated expressions.			
	Talk about another infant who is laughing or crying. Example: "Look, Jane is laughing, she is silly."			
Fine Motor Development (Look at what my hands and fingers can do)	Help the infant to play with a shape sorting box.	Sorter		
	Stack a tower of blocks and sing "London Bridges" each time the infant knocks it over.	Blocks		
	Give the infant a "sticky ball" made from tape to promote transferring from hand to hand.	Tape Ball		
Gross Motor Development (Look at what my body can do)	Encourage the infant to stand without support and cruise around furniture.	None		
	Give the infant opportunities to throw objects in an overhand fashion.	Balls or Beanbags		
	Give the infant plenty of opportunity to try walking.	None		
Music and Movement (Let's dance and sing together)	Sing "The Itsy Bitsy Spider" encouraging the infant to imitate your movements.	None		
	Play music and have fun watching the infant "dance".	Music		
	Let the infant play with musical instruments.	Instruments		
Creative Expression (Let's create together)	Let the infant finger paint with pudding in his highchair.			
	Make funny faces and sounds, encouraging the infant to imitate them.			
Sensory (Discovering my five senses)	Offer the infant a sensory bag or bottle to explore.	Sensory Items		
	Let the infant sit in a tub of rice.	Tub of Rice		
	Make different sounds and watch the infant respond. Change the pitch, loudness, and speed.			

Toddler Lesson Plan

Ages 13 to 14 Months



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Week of _____

Child's Name _____

Developmental Domain	Description of Teacher Directed Activities	Materials Needed	Try To Do These Activities At Least Twice A Week	
Cognitive Development (Discovering the world around me)	Ask the toddler to follow simple commands like come here, pick up the ball, or find a book.			
	Get two similar toys and while playing with the toddler describe how they are alike and different. This truck is big. This truck is small. Your truck has wheels like mine.			
	Play "I Can, You Can". I can touch my toes, can you?			
Language Development (Communicating with each other)	Label and describe daily objects and routines.			
	Ask the toddler to point to body parts.			
	Make eye-contact, smile, nod, and respond to the toddler's babble conversations with a give and take rhythm.			
Social Development (The people around me)	Teach the toddler how to give and receive "high-fives".			
	Encourage the toddler to say or sign please and thank you at meals and snacks.			
Emotional Development (All about me)	Give the toddler opportunities each day to find pictures of him posted around the room.			
	Show the toddler pictures of children with happy and sad faces and describe them. "This girl is happy, she is smiling."			
Fine Motor Development (Look at what my hands and fingers can do)	Put toys in a narrow necked container for the toddler to figure out how to get out.			
	Offer the toddler "Pop Beads" to pull apart and reconnect.			
	Put a toy in a container with a flip up lid. Encourage her to take items in and out while opening and shutting the lid.			
Gross Motor Development (Look at what my body can do)	Set up opportunities for the toddler to practice climbing skills in a safe environment.			
	Pretend to chase the toddler so she walks or runs away from you. Encourage her to start to try to catch you.			
	Toss a ball back and forth with the toddler.			
Music and Movement (Let's dance and sing together)	Teach the toddler Ring Around the Rosie.			
	Give the toddler lightweight scarves to dance and twirl with.			
	Teach the toddler songs with hand movements such as "Five Little Monkeys" and "Teasing Mr. Alligator".			
Creative Expression (Let's create together)	Let the toddler practice drawing with a crayon or marker.			
	Give the toddler pieces of bright paper to crumple up and tear apart.			
Sensory (Discovering my five senses)	Offer the toddler sensory bottles to shake and discover how the sand or liquid inside changes.			
	Put toys in a tub of water for the toddler to retrieve.			
	Let the toddler play with mounds of whipped cream.			

Toddler Lesson Plan

Ages 15 to 16 Months



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Week of _____

Child's Name _____

Developmental Domain	Description of Teacher Directed Activities	Materials Needed	Try To Do These Activities At Least Twice A Week	
Cognitive Development (Discovering the world around me)	Offer the toddler choices while playing. Do you want the fire truck or the police car? Name what she chooses.			
	Play "follow the leader".			
	Ask the toddler to bring you specific toys.			
Language Development (Communicating with each other)	Imitate talking on the phone with the toddler using a toy phone. Model conversational turn taking.			
	Encourage the toddler to say "shhh" while putting her finger up to her mouth when it is noisy.			
	Let the toddler imitate your actions while preparing food. Name the different actions such as cutting and stirring.			
Social Development (The people around me)	Play "Where is ___?" naming other children in the room.			
	Encourage the toddler to start saying the names of teachers and friends.			
Emotional Development (All about me)	Show the toddler pictures of faces with varying expressions.			
	Sing and do the actions for "If You're Happy & You Know It"			
Fine Motor Development (Look at what my hands and fingers can do)	Roll a wheeled toy back and forth to the toddler.			
	Offer the toddler toys of varying heft to lift and carry.			
	Offer the toddler opportunities to stack objects such as rings on a cone.			
Gross Motor Development (Look at what my body can do)	Set up tunnels for the toddler to crawl through.			
	Hold the toddler's hand while encouraging her to walk up and down an incline.			
	Set up opportunities for the toddler to practice kicking a ball.			
Music and Movement (Let's dance and sing together)	Play "Ring Around the Rosie" with the toddler.			
	Sing "Old MacDonald" and encourage the toddler to make the animal sounds.			
	Play "freeze dance" stopping and starting with the music.			
Creative Expression (Let's create together)	Give the toddler brushes and water to "paint" the sidewalk.			
	Put food dye in water and oil letting him swirl them together.			
Sensory (Discovering my five senses)	Take a big ball and roll it on the toddlers back or stomach while she is lying down.			
	Give the toddler pieces of paper, foil, wax paper to crumple.			
	Give the toddler an ice cube to play with.			

Toddler Lesson Plan

Ages 17 to 18 Months



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Week of _____

Child's Name _____

Developmental Domain	Description of Teacher Directed Activities	Materials Needed	Try To Do These Activities At Least Twice A Week	
Cognitive Development (Discovering the world around me)	Give the toddler toys to place in a tub of water. Describe which ones sink or float.			
	Show her pictures of family members and encourage her to name them.			
	Offer the toddler small toys to sort into multi-colored cups.			
Language Development (Communicating with each other)	Encourage the toddler to name specific foods when he wants a second helping to eat.			
	Model how to use words when he wants you to play with him. If he grabs your hand to pull you to a toy, ask him to say "Come play" and follow when he tries to say it.			
	Model how to sign and say "all done" when finished eating.			
Social Development (The people around me)	Encourage the toddler to sign and firmly say "stop" when another child is entering her personal space.			
	Encourage the toddler to bring toys to a friend when you see he wants to play near someone or with what they have.			
Emotional Development (All about me)	When the toddler is upset and crying, tell her about something that makes you cry. "I can see you're sad. Sometimes, I cry when I have to say good-bye."			
	Offer the toddler an alternative to hitting when he is mad. "I can see you are mad. I stomp my feet when I'm mad. Can you stomp like me?"			
Fine Motor Development (Look at what my hands and fingers can do)	Give the toddler large wooden beads to string and unstring.			
	Put scarves in a tube for the toddler to pull out and stuff back inside.			
	Give the toddler large clothes pins to practice pinching.			
Gross Motor Development (Look at what my body can do)	Help the toddler to do log rolls.			
	Demonstrate how to make a snow angel and encourage the toddler to mimic you.			
	Let the toddler run in the gym while playing dodge ball with pom-poms.			
Music and Movement (Let's dance and sing together)	Sing songs with the toddler changing from quiet to loud.			
	Play music and let the toddler accompany with a shaker.			
	Dance each time the toddler makes a musical toy start. Then, you make it play and encourage the toddler to dance.			
Creative Expression (Let's create together)	Give the toddler sidewalk chalk to draw with on different textured surfaces.			
	Give the toddler ink stamps to decorate a paper table cloth.			
	Let the toddler roll and squeeze play dough.			
Sensory (Discovering my five senses)	Hide foam letters and numbers in a dishpan of dried beans.			
	Give the toddler gelatin blocks to play with and eat.			
	Give the toddler gel filled sensory bags to squish and pat.			

Toddler Lesson Plan

Ages 19 to 20 Months



FOR YOUTH DEVELOPMENT[®]
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Week of _____

Child's Name _____

Developmental Domain	Description of Teacher Directed Activities	Materials Needed	Try To Do These Activities At Least Twice A Week	
Cognitive Development (Discovering the world around me)	While playing in the tunnel, talk to the toddler about going "in" and coming "out of the tunnel. Let the toddler roll a ball or car "in" and "out" describing the action.			
	When the toddler wants something, use "first" – "then" language. If the toddler wants a snack say "first we wash hands then we eat".			
Language Development (Communicating with each other)	Point and name the body parts of a doll or stuffed animal.			
	Encourage the toddler to use words such as "up" and "down" when he wants to be held or set down.			
	Point to other children in the room and say "Who's that?" encouraging her to say their names.			
Social Development (The people around me)	Encourage him to greet friends as they arrive with a "high-five" or other appropriate gesture.			
	Teach the toddler the sign for "take turns". Then play with a toy modeling the sign when you gently take the toy.			
Emotional Development (All about me)	Encourage her to clap for friends when you say "great job."			
	When playing "babies" help him to rock the baby and pretend to pat its back and give it "loves".			
Fine Motor Development (Look at what my hands and fingers can do)	Offer the toddler large pegs to insert and hammer into holes.			
	Allow the toddler to try to put on his own socks and shoes.			
	Put a toy in a container with a lid and encourage the toddler to open the container.			
Gross Motor Development (Look at what my body can do)	Offer opportunities for the toddler to climb up and down steps with constant supervision.			
	Model dribbling a ball and allow the toddler to imitate you.			
	Help the toddler to slide down a gentle sloping slide.			
Music and Movement (Let's dance and sing together)	Play music and clap to the beat, encouraging him to clap along with your pattern.			
	Encourage the toddler to act out songs with movements.			
	Sing and act out "This is the way we wave our hands."			
Creative Expression (Let's create together)	Offer the toddler different hats to play dress-up and help her play pretend.			
	Put contact paper sticky-side-up and let the toddler stick textured items on it.			
	Have a pretend "tea party" letting the toddler cook for you.			
Sensory (Discovering my five senses)	Help the toddler to roll on top of a large ball.			
	Give the toddler scented play dough to play with.			
	Roll the toddler up in a small rug like a burrito.			

Toddler Lesson Plan

Ages 21 to 23 Months



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Week of _____

Child's Name _____

Developmental Domain	Description of Teacher Directed Activities	Materials Needed	Try To Do These Activities At Least Twice A Week	
Cognitive Development (Discovering the world around me)	Let the toddler show you pictures of her family and encourage her to point and name people and activities.			
	Share the day's activities with the toddler using a picture schedule to show him what comes next or what is finished.			
Language Development (Communicating with each other)	Encourage the toddler to say the name of each food served.			
	Show the toddler pictures of animals and encourage her to say the names and make the animal sound.			
	Encourage the toddler to string several words to make a sentence such as "Daddy at work".			
Social Development (The people around me)	Encourage him to say "walk away" or "please stop" when another child invades his space.			
	Encourage the toddler to use "please" and "thank you" when wanting a toy from you or a peer.			
Emotional Development (All about me)	Take turns with the toddler making funny and sad faces in a mirror together.			
	When you read stories to the toddler identify how the character is feeling. "Jessie Bear is hungry"			
Fine Motor Development (Look at what my hands and fingers can do)	Give the toddler the opportunity to feed herself with a spoon.			
	Give the toddler large noodles or beads to string on a pipe cleaner or stiff string.			
	Let the toddler practice cutting and rolling playdough.			
Gross Motor Development (Look at what my body can do)	Encourage the toddler to climb up a small slide and slide down independently.			
	Encourage the toddler to follow the leader as you jump, spin, run, and other large motor movements.			
	Play catch with the toddler to improve eye hand coordination.			
Music and Movement (Let's dance and sing together)	Play group musical games such as "Ring Around the Rosie", "London Bridges" and "Hokey Pokey".			
	Encourage the toddler to dance with scarves or ribbons.			
	Encourage the toddler to accompany songs with a drum, rattle, or bells.			
Creative Expression (Let's create together)	Offer the toddler dress-up shoes and clothes to play with.			
	Encourage the toddler to act out being different animals.			
	Offer the toddler opportunities to watercolor with brushes.			
Sensory (Discovering my five senses)	Sing songs with the toddler being "loud" and "soft".			
	Give the toddler the opportunity to scoop and shovel sand into buckets or other containers.			
	Let the toddler play with items that float and sink in the water table. Describe what is happening.			