

# Spencer Family YMCA Group Discount



At the **Spencer Family YMCA**, we are committed to helping people grow in spirit, mind and body. We are more than a “swim and gym”. We are a cause with in a facility giving members a supportive and motivational environment to take control of their health and well-being. We offer a wide variety of programs, services and volunteer opportunities to help members stay healthy and connected.

A **YMCA Group Membership** is available to your employees. Through group memberships, employees of a designated company and their families are able to take advantage of a **5-15% membership discount** on any adult or family membership. If a minimum of five employees are members of the Y, the enrolled employees will receive a 5% discount off of their chose membership type. If 10-14 employees are members, a 10% discount is applicable and when 15+ employees are members, a 15% discount is available.



With a YMCA membership, families have priority registration for each program session, receive personal training sessions at a discounted rate and have access to free group exercise classes.

## JOIN THE GROUP GET INVOLVED

**CONTACT:**  
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## GROUP MEMBER BENEFITS

### Personal Training

Employees receive a discount on all personal training services.

### Blood Pressure Checks

Free annual blood pressure checks at your place of business or every Thursday at the Y at 10am.

### Free Group Exercise

Adult group exercise classes are free to members. View the current schedule of classes at [spencerymca.org](http://spencerymca.org).

### Member Appreciation

Group members and their families are invited to an annual family fun day with Y staff led activities including a cook-out, inflatables and pool activities.

**New to the Y?!  
Tour The Y, Get A  
Free Week Pass**



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# SPENCER FAMILY YMCA

## July 2016– June 2017 Membership Rates

The YMCA is a non-profit organization open to all.  
Financial assistance is available.

5–9 Employees = 5% Discount  
10–14 Employees = 10% Discount  
15+ Employees = 15% Discount

	Monthly Basic Rate 5%/10% Discount	Yearly Basic Year 5%/10% Discount	Monthly Fitness Rate 5%/10% Discount	Yearly Fitness Rate 5%/10% Discount
<b>COLLEGE</b> Current College ID Needed	\$24.00 \$22.80 \$21.60	\$228.00 \$216.60 \$205.20	\$47.82 \$45.43 \$43.04	\$513.85 \$488.16 \$462.47
<b>ADULT</b> Ages 19-62	\$34.00 \$32.30 \$30.60	\$348.00 \$330.60 \$313.20	\$56.05 \$53.25 \$50.45	\$584.76 \$555.52 \$526.28
<b>ADULT COUPLE</b>	\$51.92 \$49.32 \$46.73	\$562.90 \$534.76 \$506.61	\$84.47 \$80.25 \$76.02	\$874.42 \$830.70 \$786.98
<b>SINGLE PARENT FAMILY</b>	\$37.18 \$35.32 \$33.46	\$386.17 \$366.86 \$347.55	\$67.24 \$63.88 \$60.52	\$705.16 \$669.90 \$634.64
<b>SENIOR</b> Ages 62+	\$25.94 \$24.64 \$23.35	\$251.22 \$238.66 \$226.10	\$47.82 \$45.43 \$43.04	\$513.85 \$488.16 \$462.47
<b>FAMILY</b>	\$62.00 \$58.90 \$55.80	\$660.00 \$627.00 \$594.00	\$90.30 \$85.79 \$81.27	\$939.86 \$892.87 \$845.87

### MILITARY

Active, Reserve, Guard &  
Retired when present ID

20% off any rate of any category