

FOCUS ON FITNESS WITH AmeriHealth Caritas



The Spencer Family YMCA has partnered with AmeriHealth Caritas Iowa Medicaid Plan to offer a full year YMCA membership.

Membership benefits are available for community members enrolled in the AmeriHealth Caritas health plan. AmeriHealth Caritas Iowa was one provider selected to administer the state's Medicaid managed care program. Recipients of this plan receive a no-cost membership to the Spencer Family YMCA upon the completion and adherence to the following Focus on Fitness membership policies:

Those eligible must:

- Be enrolled in the AmeriHealth Caritas health plan in Iowa and complete a Health Risk Assessment with AmeriHealth Caritas Iowa
- Provide verification of their enrollment in this health plan to the YMCA. YMCA staff will make a copy of your health insurance card.
- Check in at the front desk and visit the YMCA 12 times in your first 90 days of membership
- Abide by the Code of Conduct of the Spencer Family YMCA



QUESTIONS?

Contact AmeriHealth Caritas Iowa for more information, 855.332.2440 (option 3)