

# Spencer Family YMCA Group Discount



At the **Spencer Family YMCA**, we are committed to helping people grow in spirit, mind and body. We are more than a “swim and gym”. We are a cause with in a facility giving members a supportive and motivational environment to take control of their health and well-being. We offer a wide variety of programs, services and volunteer opportunities to help members stay healthy and connected.

A **YMCA Group Membership** is available to your employees. Through group memberships, employees of a designated company and their families are able to take advantage of a **5-15% membership discount** on any adult or family membership. If a minimum of five employees are members of the Y, the enrolled employees will receive a 5% discount off of their chose membership type. If 10-14 employees are members, a 10% discount is applicable and when 15+ employees are members, a 15% discount is available.



With a YMCA membership, families have priority registration for each program session, receive personal training sessions at a discounted rate and have access to free group exercise classes.

## JOIN THE GROUP GET INVOLVED

**CONTACT:**  
**Shari-Ann Pan-oy**  
Membership & Marketing Director  
(P) 712 262 3782  
(E) [span-oy@spencerymca.org](mailto:span-oy@spencerymca.org)

## GROUP MEMBER BENEFITS

### Iowa YMCA Access

With a Spencer Family YMCA Membership, you will have access to all YMCA's in Iowa. Coming Soon: Access to all YMCAs in the nation!

### Personal Training

Employees receive a discount equal to the group membership discount on all personal training services.

### Blood Pressure Checks

Free annual blood pressure checks at your place of business or every Thursday at the Y at 10am.

### Free Group Exercise

Adult group exercise classes are free to members. View the current schedule of classes at [spencerymca.org](http://spencerymca.org).

### Member Appreciation

Group members and their families are invited to an annual family fun day with Y staff led activities including a cook-out, inflatables and pool activities.

**New to the Y?!  
Tour The Y, Get A  
Free Week Pass**



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# SPENCER FAMILY YMCA

## July 2017 – June 2018 Membership Rates

The YMCA is a non-profit organization open to all.  
Financial assistance is available.

5-9 Employees = 5% Discount  
10-14 Employees = 10% Discount  
15+ Employees = 15% Discount

	Monthly Basic Rate 5%/10% Discount	Yearly Basic Year 5%/10% Discount	Monthly Fitness Rate 5%/10% Discount	Yearly Fitness Rate 5%/10% Discount
<b>COLLEGE</b> Current College ID Needed	\$25.20 \$23.94 \$22.68	\$239.40 \$227.43 \$215.46	\$50.21 \$47.70 \$45.19	\$539.54 \$512.56 \$485.59
<b>ADULT</b> Ages 19-62	\$35.70 \$33.92 \$32.13	\$365.40 \$347.13 \$328.86	\$58.85 \$55.91 \$52.97	\$614.00 \$583.30 \$552.60
<b>ADULT COUPLE</b>	\$54.52 \$51.79 \$49.07	\$591.05 \$561.50 \$531.95	\$88.70 \$84.27 \$79.83	\$918.14 \$872.23 \$826.33
<b>SINGLE PARENT FAMILY</b>	\$40.15 \$38.14 \$36.14	\$417.06 \$396.21 \$375.35	\$72.62 \$68.99 \$65.36	\$761.57 \$723.49 \$685.41
<b>SENIOR</b> Ages 63+	\$27.24 \$25.88 \$24.52	\$2263.78 \$250.59 \$237.40	\$50.21 \$47.70 \$45.19	\$539.54 \$512.56 \$485.59
<b>FAMILY</b>	\$65.10 \$61.85 \$58.59	\$693.00 \$658.35 \$623.70	\$94.82 \$90.08 \$85.34	\$986.85 \$937.51 \$888.17
<b>MILITARY</b> Active, Reserve, Guard & Retired when present ID	20% off any rate of any category			