



# YOUTH CHEER

## SPENCER FAMILY YMCA GYMNASTICS

This year we are offering  
YOUTH CHEER for 2<sup>nd</sup> Grade and up!  
There is still time to register!

This class will teach the basic fundamentals of cheerleading covering aspects of motion technique, jumps, tumbling, choreography, chants, performance skills and stunting!

**ASK US ABOUT FREE  
TRIAL CLASS**

**CLASS TIME: Thursdays 7:45-8:45pm**

For more information:  
contact Liz Naviaux at [lnaviaux@spencerymca.org](mailto:lnaviaux@spencerymca.org).



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FOR HEALTHY LIVING  
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