



LIVE HEALTHY IOWA 5K



SPONSORED BY



April 14, 2018

SPENCER

ASBURY ★ BONDURANT ★ BRITT ★ CARROLL
DECORAH ★ DIKE ★ FAIRFIELD ★ GRINNELL
HIAWATHA ★ MONTROSE ★ ONAWA ★ PERRY
RATHBUN LAKE ★ RED OAK ★ SERGEANT BLUFF
SIBLEY ★ SPENCER ★ STORY CITY ★ WAUKEE

For site specific information, visit LiveHealthyIOWA5K.org

5K RUN/WALK • 8 AM 1K KID'S RUN • 9 AM

T-shirt • Race Number • Finisher Medal
Post-Race Refreshments • Prizes

REGISTER TODAY

LiveHealthyIOWA5K.org

888.777.8881

info@livehealthyiowa.org

