



2018-19 DANCE & GYMNASTICS REGISTRATION INFORMATION GUIDE Spencer Family YMCA

CLASSES BEGIN SEPTEMBER 4



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

STUDIO Y DANCE

TIME	CLASS NAME	AGE / GRADE	LOCATION:
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MONDAY

4:00 - 5:30p	COMBO 4 - Ballet & Jazz	*by placement	Studio B
4:30 - 5:30p	COMBO 1 - Ballet & Jazz	*by placement	Studio A
5:30 - 6:30p	COMBO 2 - Ballet & Jazz	*by placement	Studio A
5:30 - 6:30p	Intermediate Lyrical	3 years experience	Studio B
6:30 - 7:00p	Pointe & Pre-Pointe	*by placement	Studio A
6:30 - 7:00p	Beginner Tap	K - 5th grade	Studio B
7:00 - 8:00p	Advanced Ballet	*by placement	Studio A
8:00 - 8:30p	Intermediate & Advanced Tap	3 years experience	Studio A

TUESDAY

4:00 - 4:45p	Intermediate Small Group	YDC Team	Studio B
4:15 - 5:00p	Creative Movement	2 - 3 years	Studio A
4:45 - 5:30p	Novice Performance Team	YDC Team	Studio B
5:00 - 5:45p	Pre-Dance	4 - 5 years	Studio A
5:30 - 6:15p	Select Small Group	YDC Team	Studio B
6:15 - 7:00p	Company Technique	YDC Team	Studio B
7:00 - 7:45p	Intermediate Large Group	YDC Team	Studio B
7:45 - 8:30p	Intermediate Large Group Performance Team	YDC Team	Studio B
8:30 - 9:00p	Soloists	YDC Team	Studio B
9:00 - 9:30p	Soloists	YDC Team	Studio B

WEDNESDAY

4:00 - 5:00p	Intermediate & Advanced Hip Hop	6th - 12th grade	Studio B
5:00 - 6:00p	Advanced Jazz	*by placement	Studio A
6:00 - 7:00p	Advanced Lyrical	*by placement	Studio A

THURSDAY

4:00 - 4:45p	Hip Hop 1	1st - 3rd grade	Studio A
4:45 - 5:15p	Hippy Hop	Pre-K	Studio A
5:15 - 6:00p	Hip Hop 2	3rd - 5th grade	Studio A
6:00 - 6:30p	Pom / Cheer	1st and up	Studio A
6:00 - 7:00p	Beginner Lyrical	2nd grade and up	Studio B
7:00 - 8:00p	COMBO 3 - Ballet & Jazz	*by placement	Studio B

FRIDAY

4:00 - 4:30p	Soloists	YDC Team	Studio B
4:30 - 5:00p	Duo	YDC Team	Studio B
5:00 - 5:30p	Soloists	YDC Team	Studio B

Studio A - Upstairs
Studio B - Downstairs

STUDIO Y GYMNASTICS

TIME	CLASS NAME	AGE / GRADE	LOCATION:
MONDAY			
6:45 - 7:15p	Tiny Tumblers 1	3 years - Kinder	East Gym
7:15 - 8:00p	LEVEL 1 Rollers	1st - 4th grade	East Gym
8:00-9:00p	LEVEL 4 Springers	3rd - 7th grade	East Gym
TUESDAY			
3:15-3:45p	Tiny Tumblers 2	3 years - Kinder	East Gym
THURSDAY			
6:45-7:45p	LEVEL 2 Skippers	2nd - 6th grade	East Gym
7:45-8:45p	LEVEL 3 Kippers	3rd - 7th grade	East Gym
8:45-9:30	LEVEL 5 Flippers	8th - 12th grade	East Gym

NOTE: Gymnasts may enroll in classes different from their grade level to meet their skill level. If you are uncertain which level to enroll your gymnast, please contact Liz.

CLASS STRUCTURE

GYMNASTICS season runs September through May. The FIRST HALF OF THE SEASON focuses on a variety of gymnastics skills involving the floor, bars, beam and vault. The second HALF OF THE SEASON focuses on learning a floor routine for the Spring Recital.



ATTIRE

GIRLS:

Leotards required; hair out of the face; no shoes

BOYS:

Fitted t-shirt & shorts with hair out of the face; no shoes

PRIVATE LESSONS

DANCERS & GYMNASTS

Would personalized instruction help to perfect techniques or learn difficult steps? 30- and 60-minute private lesson packages available. Talk to Erin or Liz about options that will enhance your dancer/gymnast's experience!

SAVE THE DATE

Classes begin **September 4**

Recital for all is

May 31 - June 1, 2019

Dress Rehearsals:

May 29 - 30, 2019

JOIN OUR  GROUP FOR ANNOUNCEMENTS:
STUDIO Y DANCE & GYMNASTICS

STUDIO Y DANCE CLASSES

CREATIVE MOVEMENT

Creative Movement is the perfect class for children that have never been in a classroom setting before and are still working towards participating in a dance class all by themselves. Dancers learn ballet positions, exercises, and beginner dance terminology. They begin to develop basic motor skills, such as galloping, marching, hopping, skipping, and running. This class also introduces young dancers to life lessons, like taking turns, listening, following directions, and making new friends!

PREREQUISITE: NONE

PRE-DANCE

Pre-Dance introduces the world of dance to the very young, beginning dancer. Dancers focus on movement, rhythm, and flexibility. Children will be urged to show their creativity through movement, music, and play. Dancers complete floor work, across-the-floor drills, and stretches. They also begin learning basic choreography and dance terminology. This class incorporates ballet and tap skills.

PREREQUISITE: NONE

COMBO 1 - BALLET & JAZZ

COMBO 1 teaches dancers ballet position for legs and arms, as well as beginning ballet and jazz combos, steps, and terminology. A ballet barre will be introduced for proper learning. The jazz portion of class consists of core strengthening, balance, and extensions through isolations, rhythmic exercises, and floor stretches. Class includes across-the-floor patters and short dance routines.

PREREQUISITE: NONE. No previous dance experience necessary.

COMBO 3 - BALLET & JAZZ

COMBO 3 teaches each style in 30-minute increments. The ballet barre is central in teaching technique, alignment, and placement. Dancers learn various barre warm-ups to introduce new movements and increase technique and flexibility. Dancers apply previously learned movements by performing across-the-floor and center combinations. The Jazz program also builds upon previously learned movements, introducing a variety of new turns, jumps, and leaps. Dancers perform across-the-floor drills designed to incorporate previous knowledge with new movements, as the dancers begin to develop proper jazz technique.

PREREQUISITE: COMBO 2 & teacher approval

BEGINNER TAP

Beginner Tap is for dancers new to tap-style dancing. Students learn tap-rhythm and timing, as well as proper terminology and musicality. Class consists of warm-up, center, and across-the-floor training. Students learn shuffles, flaps, time steps, buffalo, hops, drawbacks, cramp rolls, and basic turns. Students learn dance routines to all types of music.

PREREQUISITES: NONE

INTERMEDIATE/ADVANCED TAP

Students learn more tap rhythms, sounds, and combinations. Students progress with riffs, pullbacks, time steps, complex turns, and extensive warm-up. Students will demonstrate the ability to build speed while keeping the clarity of their taps clean. Add all this to more complicated combinations and intricate dance routines, and this becomes a fun and challenging class. This class also accepts adult tap students who seek a higher level challenge.

PREREQUISITE: 3 years experience or Beginner Tap & teacher approval

COMBO 2 - BALLET & JAZZ

COMBO 2 teaches each style in 30-minute increments. The ballet barre is central in teaching technique, alignment, and placement. Dancers continue learning ballet terminology, as well as, musical awareness and working with others in a learning environment. Ballet barre, stretches, jumps, turns, adagio, and combinations will be taught. The jazz portion of class consists of core strengthening, balance, and extensions through isolations, rhythmic exercises, and floor stretches. Class includes across-the-floor patters and short dance routines.

PREREQUISITE: COMBO 1 & teacher approval

COMBO 4 - BALLET & JAZZ

COMBO 4 teaches each style in 45 minute increments. Ballet barre use focuses on alignment, placement, and technique. Dancers learn a variety of barre warm ups, incorporating and adding variations to movements previously learned to increase strength and flexibility. Center and across-the-floor combinations incorporate new movements learned at barre, including advanced leaps, jumps, and turns. The Jazz portion combines movements previously learned with new movements, including advanced leaps and turns combined with previous knowledge in across-the-floor drill and center combinations.

PREREQUISITE: COMBO 3 & teacher approval

STUDIO Y DANCE CLASSES

ADVANCED BALLET

Advanced Ballet focuses on artistic movements, musical interpretation, strength, coordination, and precision in movement. Dancers enrolled in this class should have mastered the skills and techniques taught in the COMBO & Intermediate level classes. Additional exercises expand on leaps, turns and jumps, while providing dancers with more advanced technical curriculum. This class is a must for dancers wanting to take their dance education to the next level!

PREREQUISITE: Combo 4 & teacher approval

PRE-POINTE & POINTE

Pre-Pointe is a 30-minute class mixed in with Intermediate Ballet. Pointe aligns with other ballet classes in terms of focus and discipline. However, in Pointe dancers wear pointe shoes - ballet shoes with a hard, full soled shank and a boxed toe, so that the ballerina may go fully onto pointe while in relevé. Not everyone is made for Pointe class, so ankle and foot bone structure, stage of growth, and strength are considered when assessing admission to the Pointe-level of dance.

PREREQUISITE: Minimum two years of ballet and one year of Pre-Pointe, as well as, teacher approval

INTERMEDIATE / ADVANCED LYRICAL

Lyrical classes are for intermediate to advanced dancers who are proficient in classical ballet technique. Warm-up exercises focus on improving flexibility, extension, core strength, and balance. Center work includes both lyrical and contemporary steps and combination. Lyrical combinations incorporate the technical elements of ballet with jazz and modern movements. Students learn how to express a wide range of emotions through their dance based on musical interpretation. Contemporary combinations consist of abstract movements that combine modern and classical ballet elements. Students learn how to quickly change tempo and create sharp and clean transitions. This class also accepts adult students who seek a higher level challenge.

PREREQUISITE: 3 years experience or Beginner Lyrical & teacher approval

ADVANCED JAZZ

This class brings together jazz and great music. Class format consists of a warm-up to enhance core strengthening, balance, and extensions through isolation, rhythmic exercises, and floor stretches. Class includes across the floor patterns and short dance routines. Students study jazz techniques, and learn to build complex jazz combinations and routines from Broadway shows.

PREREQUISITE: Combo 4 & teachers approval

HIPPITY-HOP

Hippity Hop introduces the world of hip-hop dance to the very young, beginning dancer. In this high-energy class, dancers focus on movement, rhythm, and flexibility. Dancers show their creativity through movement, music, and play. Dancers begin learning floor work, across-the-floor drills, stretches, and exercises, as well as basic choreography and hip-hop terminology.

PREREQUISITE: NONE

RECOMMENDATION: ALL beginning dancers should take Pre-Dance either subsequently or prior to enrolling in Hippity-Hop.

HIP HOP - ALL LEVELS

Hip-Hop blends today's high energy "street style" movements. Typically, Hip Hop is performed to popular rap, R&B, and pop music together with movements presented in an age-appropriate manner. Typically, teens, preteens, and the "young at heart" seek this type of dance. Classes include warm-up, exercises, stretches, across-the-floor drills, stalls, and unique choreography. Hip Hop encompasses elements of popping, locking, breaking, tutting, and krumping, as well as freestyle movement to give dancers the opportunity to develop their own sense of style. Dancers are definitely encouraged to get creative in this class!

PREREQUISITE: NONE



YDC - COMPANY TECHNIQUES

See page 11 for more information for the Y's competitive dance team.

YOUTH POM

Youth POM prepare students to be successful in competitive cheer and dance performance styles, focusing on jumps, kicks, turns, sharp movements, and other cheerleading techniques.

DRESS CODE - DANCE

WHY IS A PROPER AND UNIFIED DRESS CODE IMPORTANT?

- Promotes focus and a stronger work ethic in class.
- Allows teachers to clearly see and adjust body placement, position, and alignment.
- Creates a more unified and less competitive class.

GENERAL RULES FOR ALL DANCERS

- Required dancewear and footwear must be worn to all classes.
- Tight fitting clothing, such as athletic wear, is acceptable.
- No loose jewelry in class. Small stud earrings are okay.
- **No jeans, sweatshirts, street shoes, etc.**
- Hair must be clean and pulled back properly, out of the face.
- Deodorant should be considered for age 8 and up.
- Dance shoes may not be worn outside. No "outside" shoes in class.
- Students must be prepared and properly dressed before entering the classroom.

CREATIVE MOVEMENT & PRE-DANCE

- Any color leotard
- Any color tights
- Ballet Shoes (pink for girls and black for boys)
- A ballet skirt, shorts, capris, or leggings may be worn over tights

PRE-POINTE & POINTE

- Any color leotard
- Any color tights
- Pointe shoes
- A ballet skirt, shorts, capris, or leggings may be worn over tights.

HIP-HOP & HIPPIITY-HOP

- Fitted athletic wear or dance wear
- Socks, barefoot, or Hip Hop sneakers or boots

TAP/BALLET/JAZZ:

- Any color leotard
- Any color tights
- Ballet shoes (pink for girls and black for boys)
- Tan jazz shoes (through Combo 2)
- Tan half-sole shoes (Combo 3 - Advanced)
- Tan tap shoes
- A ballet skirt, shorts, capris, or leggings may be worn over tights.

LYRICAL

- Any color leotard
- Tan half-sole shoes
- A ballet skirt, shorts, capris, or leggings may be worn over tights.

See page 10 for more information regarding footwear and shoe purchases

POM

- Any color leotard with shorts, capris, or leggings
- Tan jazz or tan half-sole shoes

STUDENTS NOT PROPERLY DRESSED WILL BE ASKED TO CHANGE, SIT & OBSERVE CLASS, OR BE DISMISSED FROM CLASS.

STUDIO Y GYMNASTICS CLASSES

TINY TUMBLERS 1 & 2

Tumblers receive an introduction to balance, flexibility, movement, and basic skills using gross motor coordination through the use of gymnastic equipment and skills.

Prerequisite: Must be toilet trained.

TIME: TT1: Monday 7:15p - 8:00p | TT2: Tuesday 3:15 - 3:45

AGE / GRADE: 3 years through Kindergarten

FEES: See fee schedule with registration form

LEVEL 1 - ROLLERS

Rollers learn basic floor skills, including forward rolls, backward rolls, handstands, and cartwheels. This class focuses on building a strong foundation of tumbling skills.

PREREQUISITE: NONE

TIME: Monday 6:00p - 6:45p

AGE / GRADE: 1st - 4th grade

FEES: See fee schedule with registration form

LEVEL 2 - SKIPPERS

Skippers are gymnasts that are ready to expand their skills, focusing on perfecting Level 1 skills and expanding on tumbling skills.

PREREQUISITE: LEVEL 1 ROLLERS or instructor approval

TIME: Thursday 6:45 - 7:45p

AGE / GRADE: 2nd - 6th grade

FEES: See fee schedule with registration form

LEVEL 3 - KIPPERS

Kippers are gymnasts who are ready to expand their skills, focusing on perfecting Level 2 skills and expanding on tumbling skills.

PREREQUISITE: LEVEL 2 SKIPPERS or instructor approval

TIME: Thursday 7:45 - 8:45p

AGE / GRADE: 3rd - 7th grade

FEES: See fee schedule with registration form

LEVEL 4 - SPRINGERS

Springers are gymnasts that are ready to expand their skills, focusing on perfecting Level 3 skills and expanding on tumbling skills.

Prerequisite: LEVEL 3 KIPPERS or instructor approval

TIME: Monday 8:00 - 9:00p

AGE / GRADE: 3rd - 7th grade

FEES: See fee schedule with registration form

LEVEL 5 - FLIPPERS

Flippers is designed for older gymnasts who would like to expand their tumbling skills.

PREREQUISITE: NONE

Must meet grade level requirement.

TIME: Thursday 8:45 - 9:30p

AGE / GRADE: 8th - 12th grade

FEES: See fee schedule with registration form

SCHOOL YEAR GYMNASTICS



PRIVATE LESSONS

DANCERS & GYMNASTS

Would personalized instruction help to perfect techniques or learn difficult steps? 30- and 60-minute private lesson packages available. Talk to Erin or Liz about options that will enhance your dancer/gymnast's experience!

STUDIO Y PROGRAM POLICIES

STUDIO Y GENERAL POLICIES – DANCE & GYMNASTICS

RESPECT, DEDICATION & MOTIVATION – ALWAYS!

- **NO FOOD, GUM OR DRINKS (OTHER THAN WATER OR ELECTROLYTE-ENHANCED LIQUIDS) ALLOWED IN THE STUDIOS OR GYM.**
- No cell phones allowed in the dance studio during class times. There will be a phone box for dancers to put their phones in at the beginning of each class.
- Dancers should use the restroom before class. Leaving during class time is discouraged.
- Dancers must come to class in proper dress code.

- **PLEASE LABEL ALL SHOES WITH THE DANCER'S NAME.**
- Dancers must put personal belongings not needed for class in the locker room before class begins.
- Please inform the Director of ANY health issues of your child.
- Dancers are not allowed to touch the instructor's computer/devices, sound system, or thermostat.
- **Parents of dancers 3rd grade and under are required to pick-up and drop off their dancers in the commons area of the Y. Dancers of this age will not be released from the Y without an adult.**

INFORMATION FORMS

Please be sure to complete all dancer information forms available at registration. This information is essential for Studio Y to maintain accurate records pertaining to your child.

EMAIL IS STUDIO Y'S PRIMARY METHOD OF COMMUNICATION!

Please ensure your correct email address is listed on the Registration Form. Should your contact information change, please notify Studio Y immediately. Thank you for helping us with this important function!
Please check your email regularly for Studio Y information.

STUDIO SCHEDULE

Dance classes begin on **Tuesday, September 4th, 2018**, and continue through May, 2019. **Class times and days subject to change due to class size and enrollments.** The class schedule will be posted on the Y website:

spencerymca.org, Studio Y FB group, and on the Studio Y bulletin board in the commons area.
Time off for holidays and any unforeseen cancellations will be posted at Studio Y, and on Facebook: Studio Y Group.

TUITION & PAYMENT SCHEDULE

For your convenience, the Y offers two payment options for tuition (does not include recital costumes).

- 1) Full payment for the year at registration. (cash, check, debit or credit card – Visa, MC, Discover)
- 2) Monthly Bank Draft: 9-monthly payments with checking or savings account by ACH withdrawal, debit or credit

card (VISA, MC, Discover). Fees are withdrawn on the **10TH (DANCE) AND 5TH (GYMNASTICS) OF EACH MONTH (SEPTEMBER THROUGH MAY).**

All tuition, costume deposits and fees are non-refundable. A \$25 processing fee will be applied for each NSF transaction.

COSTUME FEES

COSTUMES MUST BE ORDERED AND PAID IN FULL BY FEBRUARY 15TH, 2019, IN ORDER FOR DANCERS & GYMNASTS TO PARTICIPATE IN THE MAY RECITAL.

If costumes are not paid in full by February 15th, dancers/gymnasts will not receive a costume or dance in the recital.

There are NO EXCEPTIONS for costume payments.

We offer two payment options:

1. Pay in full on or before February 15th
2. Wave payment option: Break the total cost for costumes into 3 monthly payments (February, March & April). Unpaid costume balances will result in dancers not participating in the end May recital.

STUDIO Y PROGRAM POLICIES

CODE OF CONDUCT

Dancers are expected to be at class on time, prepared, and dressed in proper attire. At Studio Y, we expect all dancers to treat each other with respect, support, constructive criticism, and positive encouragement. Our studio promotes a positive atmosphere at all times and we expect that our dancers, staff, and parents promote this philosophy, as well. All dancers and parents should set the example for others to follow by being respectful and courteous to everyone, including other dancers, other parents, and the staff.

Gossiping or any form of verbal or physical confrontation

while involved in our program is not accepted! Anyone unable to follow our **CODE OF CONDUCT** may be dismissed from the studio immediately.

During class we implement a **3 STRIKES RULE** to dancers who misbehave. **STRIKE 1:** Warning. **STRIKE 2:** Sit down and observe class without participating. **STRIKE 3:** Parent contact regarding the dancer's behavior.

Hopefully our instructors never have to use this rule, however, it will be implemented if necessary. **INSTRUCTORS RESERVE THE RIGHT TO DISMISS ANY DANCER FROM CLASS WHOSE ATTITUDE IS UNSATISFACTORY.**

CLASS TIME & ATTENDANCE

PLEASE BE ON TIME FOR CLASSES.

If your dancer is early, we ask that you PLEASE WAIT in the Commons and not enter the studio until your scheduled class time to avoid interruptions. The instructors work in the studio in preparation for classes prior to classes beginning. Please respect this time. We encourage our

dancers to attend ALL assigned group classes, private lessons, performances, and events so they can get the most out of their experience. Attendance is taken at the beginning of each class. If a dancer is going to miss a class, please notify the Director as soon as possible. **We do not offer make-up classes or give refunds when class is missed.**

CLASS OBSERVATION | STUDIO GUESTS

Only dancers and instructors are allowed in the studio during class time. We invite you to watch our classes live in the Commons of the Y via closed circuit TV. This allows classes to proceed uninterrupted without distraction to the

students during valuable class time. **If you have questions or concerns, please contact the Director outside of class time, not during or in-between.** This ensures that classes and class preparation time not be interrupted.

COMMUNICATION

Communication with parents and families is a priority for Studio Y. We do our best to keep families informed throughout the year. Our primary mode of communication is with email. Please do your part and check your email regularly for news and class information. **Also, please add our email address to your contact list so that emails do not go to your spam file.**

Ultimately, it is the parents/guardians responsibility to be

aware of important dates such as performance dates, recital dates, and dates the studio is closed. You must inform us of any address, telephone, or email address changes.

Information will also be posted on the Y website and our Facebook page: Studio Y.

Feel free to contact us at any time via email at eelliott@spencerymca.org.

DANCE ATTIRE

At Studio Y, we follow standard dance attire so that instructors can view body alignment, focus on proper technique, and avoid competition. Having all dancers dressed to a standard makes it possible for the instructor to notice incorrect positions and movements, and to make the appropriate corrections before any "bad habits" form.

Dress codes also promote focus and a stronger work ethic in class, ensuring dancers receive the most out of his or her dance classes! See page 6 of this Information Guide for specific class Dress Code requirements for Dance, and page 3 for Gymnastics.

STUDIO Y PROGRAM POLICIES

DANCE SHOES | FOOTWEAR

Appropriate shoes MUST be worn in class. See page 6 for details regarding footwear requirements for each class.

Dancers are not required to purchase dancewear or footwear from Studio Y. Should you choose to order shoes through Studio Y we have shoe sizing kits available for dancers to try on before ordering.

Regardless where purchased, we require that shoes be the

correct color and style. If your dancer is not in the correct attire, they will first be asked to change. If they do not, they will be asked to sit out and observe class with a 'Strike' on their student file. Numerous strikes could result in dismissal from the studio.

Please ensure all dance shoes are marked with the dancer's name!! Studio Y is not responsible for lost or stolen items.

REVOLUTION DANCEWEAR (for purchase at Studio Y)

Jazz Shoes: Premium Slip-On Jazz Shoes | Tan | Child \$24 & Adult \$26 | COMBO 1, 2, & 3
Canvas Half-Sole | Natural | \$14 | COMBO 4, Advance Jazz & Lyrical

Tap Shoes: Intro Stretch Tap Boot | Tan | Child \$19 & Adult \$20

Ballet Shoes: Stretch Ballet Shoes | Classic Pink for girls or Black for boys | Child \$15 Adult \$16

Creative Movement & Pre-Dance: Ballet shoes (see above)

Combo: Ballet and Jazz shoes (see above)

Hip-Hop: Sequin sneakers | Hippity-Hop thru Hip-Hop 2
Glitter combat boots | for Intermediate & Advanced

Pre-Pointe & Pointe: Not available through Studio Y. We recommend shopping at a dance clothing store such as Dance Line in Sioux Falls, SD. They will properly fit for pointe shoes and will also have toe pads and ribbon available - Pink or Classic Pink. Please call ahead to schedule an appointment.

PRE-WORN SHOES AND DANCEWEAR

Ask us about shoes and dancewear for sale from other dancers. If you wish to sell your shoes or dancewear that is in good condition, please put them in a zip-lock bag with your name, style, & size and leave with your instructor. If your shoes or apparel sells, proceeds go back to you.

BRING-A-FRIEND WEEK

We plan to host a "BRING-A-FRIEND" WEEK OCTOBER 15TH – 18TH again this year with parent/guardian consent. On that day, all dancers must sign-in at the front desk. Friends attending will be asked to participate in socks (NO street

shoes are allowed on the dance floors).

We hope this is an enjoyable experience for everyone involved. If you have any questions, please speak with your instructor.

PERFORMANCES: SPRING RECITAL | HOLIDAY EVENTS

DRESS REHEARSAL SCHEDULED FOR MAY 29TH & 30TH

SPRING RECITAL SCHEDULED FOR MAY 31ST & JUNE 1ST.

In order to participate in the dance recital, dancers must be enrolled in classes no later than December 1st, and remain enrolled continually through the dance recital. Please notify the Dance Director BEFORE DECEMBER 1st if a dancer does not wish to be a part of the recital. Unless otherwise notified, we plan for a dancer's participation for ordering costumes and developing choreography. Thank you for your attention to this detail.

For each routine your child is in for the recital, you will need to buy a costume. We make every effort to keep your expenses at a minimum.

We will send recital packets home with the dancers closer to recital time. Packets will contain EVERYTHING you need to know about dress rehearsal, pictures, and the recital. Once decided, each family will also receive a copy of each of their child's recital songs via e-mail, as well as a link to their dance. Please encourage your dancer to practice their dance routines at home!

PERFORMANCES: SPRING RECITAL | HOLIDAY EVENTS

Each year we choose several groups to participate in the annual [Grand Meander](#) and the [South Park Mall Show](#). Groups chosen to perform learn a Christmas routine for

both events. Dates TBD. Please allow your dancer to participate in these fun holiday shows. They work hard learning the routines and enjoy performing them.

Y DANCE COMPANY

YDC TEAM MISSION

The Y Dance Company team focuses on building healthy relationships in a safe and positive environment while allowing students to strive for excellence in a competitive setting.

YDC - COMPANY TECHNIQUE

What is YDC? The Y Dance Company is a competitive dance team. Throughout the season, the YDC team performs at various events and competitions. **AUDITIONS REQUIRED.**

All dancers interested in YDC placement in a solo, duet, trio, or group routines will be evaluated during an intensive audition. Due to the limited number of routines allowed at competitions, all requests cannot be accepted. Coaches determine the best placement for each individual dancer based on their audition, behavior, and skill level. Due to the competitive nature of YDC, dancers notice tremendous growth in technique, stage presence, and confidence. Company Technique class expands and perfects basic and advanced skills, emphasizing body placement and posture, and is required for all YDC team members.

DRESS CODE: Black sports bra or form fitting tank top and black booty shorts. Tan jazz or half-sole shoes. No t-shirts/sweats permitted.

IMPORTANT DATES



2017-18 YDC Team

October 15 - 18	Bring-A-Friend Week
December 15	Lock-In
September 4th	Classes Begin
September 13th	YDC Costume Invoices Due
Date TBD	Basketball Halftime
March 1 - 3rd	Midwest Starz
March 22 - 24th	Starpower
April 12 - 14th	Symposium Talent
April 26 - 28th	VIP Dance
May 10 -12	Spotlight
May 21	Pasta Dinner End of Year Party

2018-2019 COMPANY TEAM

Cher Hibbing	1st Year	*Team Captain	Zarah Zahrt	3rd Year
Paris Dean	3rd Year	*Team Captain	Aaliyah VanAmpting	1st Year
Taisya Newcomer	3rd Year	*Team Captain	Aubrey Quail	1st Year
Kayley Brown	3rd Year		Khia Koenig	3rd Year
Caitlyn Willfong	4th Year		Isabelle Young	2nd Year
Salem Krieger	3rd Year		Zoey Mozena	2nd Year
Grace Klatt	3rd Year		Leila Kollasch	1st Year
Faith Klatt	3rd Year		Lauren Koenig	1st Year
Monroe Daniels	3rd Year		Mady Johnson	2nd Year

SPENCER FAMILY YMCA

1001 11th Ave W | Spencer, Iowa 51301

P 712.262.3782

www.spencerymca.org

Follow us on:



ERIN ELLIOTT | DANCE & GYMNASTICS DIRECTOR

