

# THUNDERBRIDGE ROAD RACE

SUNDAY  
NOVEMBER 4  
2018



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

SPENCER FAMILY YMCA  
1001 11TH AVE W  
SPENCER, IA 51301  
712.262.3782



FREE race shirt  
(not guaranteed with  
late entry)

## 5K ROAD RACE

## RUNNERS & WALKERS

of all ages and abilities are welcome and encouraged to participate

## AWARDS

- Top 3 Men and Top 3 Women finishers of each race receive an award
- Prizes will be drawn at random for all participants

## FREE CHILDWATCH

At the Y during the Race  
Children ages 6 weeks to 3rd grade



## ENTRY FEE:

\$20.00 Early Bird Registration before OCTOBER 15th  
\$25.00 After October 15th (limited t-shirt availability)

## REGISTRATION:

- At the Y - cash, check, VISA, Mastercard, DISCOVER
- Online @ [spencerymca.org](http://spencerymca.org)

### 2018 Spencer Family YMCA Thunderbridge 5K Road Race

REGISTER ONLINE:  
Program Code: #06127 18KK

Name: \_\_\_\_\_

Male  Female

Mailing Address: \_\_\_\_\_

City, ST ZIP \_\_\_\_\_

Email Address: \_\_\_\_\_

Birthdate \_\_\_/\_\_\_/\_\_\_ Age: \_\_\_\_\_

Day Phone: \_\_\_\_\_

Adult Shirt Size (circle one): S M L XL XXL

I knowingly enter the 2018 Spencer Family YMCA Thunderbridge 5K Walk/Run. I do so at my own risk and personally assume responsibility for any injuries or other damages I may incur as a direct or indirect result of my participation. I further agree that neither my heirs or assignees will hold liable any representative of the Spencer Family YMCA or its sponsors as a result of injuries or damages sustained from any participation of any of these events. I further, hereby, certify that I am physically fit to run the race for which I am entered on November 4, 2018.

I, the undersigned, do hereby consent and agree that the Spencer Family YMCA, it's employees, or agents have the right to take photographs to use in any and all media, now and hereafter known. Signature (parent if minor).

\_\_\_\_\_  
Signature